



Newsletter 19th May 2023

Reception Mrs. Smith

Pupil of the week is Lennon Partington for a sensible and mature attitude.

Today the first of our butterflies has emerged from their chrysalis! We were so excited. We also have one tadpole that has all of its legs. We have done well completing most of our laps of the track. Don't forget that adults can join us for our final few laps on Thursday at 1.30pm.

Year 3 Miss Gregg

Pupil of the Week is Alfie Evans for for his motivation in English when writing his own story.

Year 5 Miss Hird and Miss Oliver

Pupil of the Week is Cole Fagan for having a wonderful year. We wish him all the best in his new school.

Year 6 Miss Denham

Pupil of the Week is Alfie Watson Allen - For showing resilience, in his writing, following an injury. Due to using technology to write, he has ensured all of his sentences are grammatically correct and correctly punctuated.

Well done Year 2!



Every single one of you is a star.

You deserve praise and recognition for your resilient attitude. You have all shown motivation and good behaviour throughout the week.

🗡 We are very, very proud of you. Mrs. Hodgson.

All members of Class 2 for showing resilience, determination and hard work this week during their SATs.

You have made us extremely proud and you should all be so proud of yourselves for overcoming challenges and gaining confidence when preparing and practising for your SATs this year. Well done. Miss Cameron.



Pupil of the week is Beau for being a kind friend helping others when they are upset.

Year 1 Miss Crampton

Pupil of the week is Emily Taylor for having increased confidence to work independently and using classroom resources to support her learning.

Year 4 Miss Prosser

Pupil of the Week is Jack for his brilliant writing this week- keep up the great work!

Dates for your diary:

- Break up for half term Friday 26th May 2023
- Return to school Tuesday 6th June
- Break up for summer holiday Friday 21st July 2023

Academic year 2023-2024

- Return to school Tuesday 5th September 2023
- Break up for October Half-Term Thursday 26th October 2023
- Return to school Monday November 6th 2023
- Break up for Christmas Holidays Tuesday 19th December 2023
- Return to school Thursday 4th January 2024
- Break up for Spring Half-Term Friday 17th February 2024
- Return to school Monday 26th February 2024
- Break up for Easter holidays Wednesday 27th March 2024
- Return to school Monday 15th April 2024
- May Day Bank Holiday, Monday 6th May 2024 SCHOOL CLOSED
- Break up for Summer Half-Term Thursday 23rd May 2024
- Return to school Monday 3rd June 2024
- Break up for summer holidays Tuesday 23rd July 2024

Statutory Test Dates

- Year 1 Phonic screening checks (including Year 2 resit checks) begin week commencing Monday 12 June 2023.
- Year 4 Multiplication Tests week beginning multiplication tables check within the 3-week period from Monday 5 June 2023.

Reception News

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excited. We also have one tadpole that has all of its legs.

We have done well completing most of our laps of the track. Don't forget that adults can join us for our final few laps on Thursday 25th at 1.30pm.

Thank you Mrs Smith

Family Lives – Newsletter

The May 2023 edition of the Family Lives newsletter is out now!! Click on the link for news and updates and to subscribe to our monthly newsletter <u>http://ow.ly/gYPt50OlnUi</u>



Please use this link <u>http://durham.opo.org.uk</u> to register with an email address and your name so that you are able to access the online courses below.

An online course to help parents communicate better with each other

Arguing better

Disagreements are a normal part of life, and most couples argue from time to time. The way you approach these conversations can make a big difference to you, your partner, and your children.

Arguing better is a free online course to help you manage difficult conversations, avoid conflict, and improve things for your whole family.

You will learn:

- Where stress comes from and how it can affect you.
- Ways to recognise stress and talk about it.
- How to support each other through difficult times.
- What causes arguments and how to stop them.

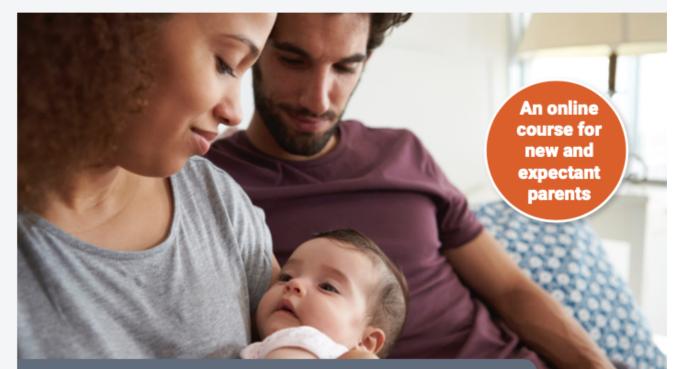
To access the course, you will need a smartphone, tablet, or computer, and a good internet connection. It's FREE to use, so you'll just need to create an account with a username and password.



Register at this address www.oneplusone.org.uk/ parent-resources-for-england or scan the QR code

- Arguing better is designed for parents who want to learn healthy ways to deal with stress and conflict.
- The course is online so you can go through it at your own pace.
- You can do it all in one go or save your progress and come back to it later.
- The course will take about 40 minutes to complete, so it's best to give yourself enough time and space to reflect.





Me, You and Baby too

Having a baby can be an exciting time but it's also one of the biggest changes you and your partner are likely to go through. You'll both be tired and stressed, and you may argue more.

Me, You and Baby Too is a free online course that can help you navigate these changes and keep moving forward together.

You will learn:

- What your baby picks up, even before they are born.
- Why stress should be a shared burden.
- How you and your partner can support each other.
- How to talk to bring up difficult topics.
- How arguments start, and how to stop them.

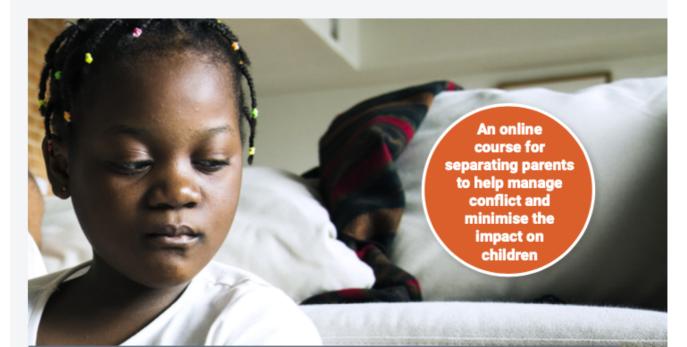
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Register at this address www.oneplusone.org.uk/ parent-resources-for-england or scan the QR code

- Me, You and Baby Too is designed for new and expectant parents.
- The course is online so you can go through it at your own pace.
- You can do it all in one go or save your progress and come back to it later.
- The course will take about 40 minutes to complete, so it's best to give yourself enough time and space to reflect.





Getting it right for children

When parents are separating or separated, children can often get caught in the middle.

Getting it right for children is a free online course designed to help you parent co-operatively. It can help you to develop positive communication skills, so that you can sort out disagreements and find solutions together.

You will learn:

- How to stay calm and listen as well as talk.
- Why it's helpful to see things from a different point of view.
- What to do to stop a discussion from turning into an argument.
- Skills for finding solutions and making compromises.

To access the course, you will need a smartphone, tablet, or computer, and a good internet connection. It's FREE to use, so you'll just need to create an account with a username and password.



Register at this address www.oneplusone.org.uk/ parent-resources-for-england or scan the QR code

- Getting it right for children is designed for separating or separated parents who want to reduce conflict and communicate better with their child's other parent.
- The course is online so you can go through it at your own pace.
- You can do it all in one go but it's often best to spread it over a few weeks to give yourself time to reflect and practise the skills.



Special Educational Needs and Disabilities (SEND) Updates

Upcoming Events and Information

Most upcoming events are being advertised on social media <u>Durham SEND Information</u>, <u>Advice</u>, <u>Support Service | Facebook</u> This is the link to the page and there is also an Autism Hub group <u>Durham SENDIASS Autism Hub | Facebook</u> which promotes not just the Autism Hub events, but also other events going on across the county.

There is a mailing list for parents/carers to join. To become part of the mailing list, email: **ann.connor@durham.gov.uk** and ask to be added to the mailing list. You will then get any information emailed directly to you.

Information for Families on Literacy Difficulties

MCT and SEND and Inclusion have put together a document which outlines support for literacy difficulties and describes the approach in SEND and Inclusion.

If you would like a printed copy or a copy sent via Class Dojo, please contact Miss Gregg.

Fun and Food – May Half Term

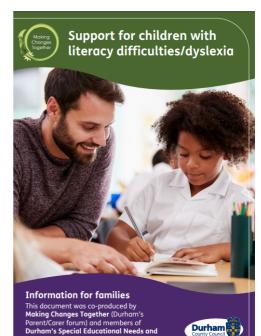
Coming soon... Free Fun and Food May Half Term Activities 2023 Visit <u>www.durham.gov.uk/funandfood</u>



Place2be Website

https://parentingsmart.place2be.org.uk/





Parent/ Carer Training and Information



PARENT CARER RANNO & information The Sleep Charity (online – 60 minutes)

This session will focus on sleep difficulties experienced by children with additional

needs and how to help

22nd May 11am or 7pm

limited spaces

Click the link below to book or request a catch-up link (if you cannot attend the specific date/time):



Short Break Offer

For families of children and young people with special educational needs and/or disabilities



The Local Offer

Visit the Local Offer for information on groups that provide activities for children and young people with SEND. The Local Offer also has information on groups that provide direct support to parents. You will need to contact the groups to find what they have on offer at the moment.

www.countydurhamfamilies.info/localoffer

FUN&FOOD

Do you find the school holidays a struggle? Finding fun things for your kids to do that don't cost the earth and paying for all that extra food or childcare.

Fun and Food provides FREE holiday activities with healthy snacks and meals for children and young people. Activities are provided by schools, voluntary and community sector groups, sport and leisure services and our family centres.

You can find out what is available in your area at www.durham.gov.uk/funandfood

Parent/carer online support

Durham County Carers Support are hosting a variety of online support, training and activity sessions for carers. For more information please contact 0300 005 1213 or visit <u>www.dccarers.org</u>

Making Changes Together Parents Forum (MCT) are running Zoom coffee events. For more information please contact <u>info@mctdurham.co.uk</u> or visit <u>www.mctdurham.co.uk</u>

Short Breaks Solutions

If you are struggling to find suitable activities for your children to give you a short break from your caring role, our Short Breaks Solutions service will work with you to find options that suit your family's needs. Short Breaks Solutions can refer you to some tailored opportunities for children and young people with SEND that will benefit them and their families outside of their education.

To access any of the activities please contact Short Breaks Solutions:

Email: shortbreakssolutions@durham.gov.uk

Telephone: 03000 260 270



carers support

